Introduction

We are AUGFIT. We are developing a fitness machine information app concerning the Augustana fitness center’s paramount machines. It is our goal to provide accurate information to the user through videos and text. We hope our information will help to reduce injuries and increase correct use of the facilities machines. Additionally, we will save options pertaining to each machine such as the weight used, the seat height and arm/leg positions. With enough time we may also add a machine use graph that tracks user progress throughout the month.